

Counselling Information for Parents/Carers



Why College Counselling?

At different times families and students may benefit from the Marist College Counselling service. Counselling is the process that occurs when a student and counsellor set aside time to explore issues or concerns.

These concerns might include stress, illness, grief and loss, or significant change at home. At school, the student may require support with goal setting, decision making, learning difficulties, anxiety, anger, attention, self-esteem, building resilience and negotiating friendships. A Counsellor can assist students and families by providing support and strategies to help at Marist and at home.

The Counsellor will arrange sessions with your child throughout the term to provide support and strategies. The frequency of sessions could vary from weekly, fortnightly or as needed.

Confidentiality

The information a student provides during the counselling process will remain confidential.

Counselling is confidential except in those circumstances where:

- Failure to disclose information would place the safety of your child or another person at risk
- Information is subpoenaed or required by the Court

Please understand that:

- The collection and storage of personal information by the College Counsellor is the property of Catholic Education, Rockhampton Diocese. All information is stored in a secure location for the time period required by law.

Provided student consent has been obtained:

- A third party may be present during sessions if required (eg: counselling supervisor or other school counsellor).
- When appropriate, collaboration and sharing of necessary information with teachers, the Student Protection Team, and external child protection services may be required to support the student.
- Other school counsellors, counselling supervisors or the Principal, may need to access some information, in order to:
 - Continue service if school counsellor is absent
 - Support in critical incident situations when additional personnel are assisting
 - Fulfil requirements of the law

If you have any questions about the counselling service, please do not hesitate to contact the college.