

# Marist College Emerald Term 1 2018 Canteen Menu

## Sandwiches

Your choice of bread (white, wholemeal or multigrain)

- Ham \$3.00
- Chicken \$3.00
- Cheese \$3.00
- Vegemite \$2.00
- Ham and Cheese \$3.00
- Chicken, Cheese and Mayonnaise \$3.00
- Ham, Cheese and Tomato \$3.00
- Salad with your choice of Ham or Chicken \$4.50

## Toasted Sandwiches

- Choice of Ham, Cheese, Chicken and Tomato \$4.50

## Salads

- Garden** Lettuce, Carrot, Cucumber, Tomato, Cheese, Egg Sm \$3.00  
French Dressing with Chicken/Ham Lg \$6.00
- Fish** Lettuce, Carrot, Cheese, Cucumber, Tomato, Egg, Fish  
Piece Tartar Sauce \$7.00
- Lasagne** Lettuce, Carrot, Cucumber, Cheese, Tomato, Egg,  
Lasagne Slice, French Dressing \$7.00
- Quiche** Lettuce, Carrot, Cucumber, Cheese, Tomato, Egg,  
Quiche Piece French Dressing \$7.00

## Drinks

- 300ml Flavoured Milk-Chocolate or Strawberry \$2.50
- 500ml Flavoured Milk- Chocolate, Strawberry or Lime \$3.50
- 320ml Ice Break Coffee \$3.00
- Pure Pump Water 750ml \$2.50
- Flavoured Pump Water 750ml- Lime, Mango, Lemon and Berry \$3.00
- Mt Franklin Water 600ml \$2.00
- 100% Juice- Apple and Orange \$2.50
- 500ml Bundy Juice-Tropical, Orange Mango, Orange, Passionfruit \$3.00
- 450ml Mt Franklin Sparkling Water- Plain, Lime, Berry \$2.50

## Daily Lunch Specials

- Monday** Hamburgers \$4.50
- Tuesday** Butter Chicken \$4.00
- Wednesday** Fried Rice \$4.00
- Thursday** Nachos \$4.50
- Friday** Meatball Subs \$4.00

## Daily Salad Specials

- Monday** Mexican Tender Salad \$6.00
- Tuesday** Asian Noodle Salad \$6.00
- Wednesday** Greek Salad Wrap Kit \$6.00
- Thursday** Ploughman's Lunch \$6.00
- Friday** Caesar Salad \$6.00

## Wraps

- Chicken Tender Wrap with lettuce, tomato cheese and your choice of plain/sweet chilli tender served with mayonnaise or sweet chilli sauce \$6.00
- Crumbed Fish Wrap with lettuce and mayonnasie \$6.00
- Salad Wrap with salad, ham or chicken \$4.50

## Hot Food

- Freshly Baked Beef Pie \$3.50
- Freshly Baked Cheese and Bacon Pie \$3.80
- Freshly Baked Sausage Roll \$3.00
- Crumbed Fish \$3.50
- Lasagne \$3.50
- Quiche \$3.50
- Plain/Sweet Chilli Chicken Tenders \$1.50
- Potato Wedges with Sour Cream, Sweet Chilli Sauce and Shallots \$4.00

## Sauce

- Tomato or BBQ \$0.30

## Snacks

- Fruit Cup (fresh seasonal fruit pieces) \$3.50
- Freshly Baked Lamington \$2.00
- Freshly Baked Jam Drop \$1.50
- Brownies \$2.00
- Snack Apple Pie \$2.00
- Red Rock Deli Chips \$2.50
- Blueberry Muffin \$2.00
- Cheese and Biscuits \$2.00
- Snack Box with Biscuits, Celery, Carrots, Cucumber and dip \$3.50

Other snacks available at the Counter

## Sushi

Available to Order Thursdays Only

- Chicken Avocado \$3.50
- Crispy Chicken \$3.50
- Chicken Teriyaki \$3.50
- Tuna Avocado \$3.50

**Tuckshop Opening Hours- 8.15am - 8.35am to pre-order lunch**

**First Break- 10.55am -11.35am**

**Second Break- 1.40pm -2.00pm**

**Eftpos is available at the Counter (Bags Supplied)**

**Gluten Free Available on request**

**Volunteers are always welcome.**