



MARIST COLLEGE  
EMERALD

# CANTEEN MENU

Term 2, 2019

## BREAKFAST

Ham, cheese and egg burger	\$3.00
Cheese toastie	\$3.00
Cereal cups with fruit	\$3.00

## SNACKS

Fruit cup (fresh seasonal pieces)	\$3.50
Freshly baked lamington	\$2.00
Freshly baked jam drop	\$2.00
Homemade brownies	\$2.00
Snake apple pie	\$2.00
Red Rock Deli chips	\$2.50
Cheese and biscuits	\$2.00
Snack box	\$3.50

*Ice cream and other snacks available at counter*

## HOT FOOD

Freshly baked beef pie	\$3.50
Freshly baked cheese bacon pie	\$4.00
Freshly baked sausage roll	\$3.00
Crumbed fish	\$3.00
Vegetarian lasagne	\$6.50
Homemade quiche	\$6.50
Plain/sweet chilli chicken tenders	\$6.50
Garlic bread	\$2.00

## SANDWICHES

Your choice of bread - <i>white, wholemeal or multigrain</i> <i>- on a roll or wrap</i>	
Ham	\$3.50
Chicken	\$3.50
Cheese	\$3.50
Vegemite	\$1.50
Ham and cheese	\$3.50
Chicken and cheese	\$3.50
Chicken, lettuce and mayo	\$3.50
Ham, cheese and tomato	\$3.50
Egg and lettuce	\$3.50
Salad with ham or chicken	\$4.50

## WRAPS

Caesar Salad Wrap (Thur/Fri only) <i>with lettuce, cheese, bacon, chicken, croutons and egg in a Caesar sauce</i>	\$6.00
Chicken Tender Wrap <i>with lettuce, tomato, cheese, plain or sweet chilli tender with mayonnaise or sweet chilli sauce</i>	\$6.00
Fish Wrap <i>with lettuce and tartare sauce</i>	\$6.00

## SALADS

Garden <i>Lettuce, carrot, cucumber, tomato, cheese, egg, French dressing with chicken or ham</i>	\$6.00
Fish <i>Lettuce, carrot, cucumber, tomato, cheese, egg, tartare sauce and crumbed fish</i>	\$7.00
Quiche <i>Lettuce, carrot, cucumber, tomato, cheese, egg, French dressing with homemade quiche</i>	\$7.00

## TOASTED SANDWICHES

Your choice of ham, chicken, cheese and tomato	\$4.50
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## DRINKS

300ml flavoured milk - <i>chocolate or strawberry</i>	\$2.60
500ml flavoured milk <i>- chocolate, strawberry, vanilla or lime</i>	\$3.60
320ml Ice Break coffee	\$3.10
750ml Pure Pump water	\$2.60
750ml flavoured Pump water - <i>lemon, berry or mango</i>	\$3.10
600ml Mt Franklin water	\$2.10
100% Juice - <i>apple or orange</i>	\$2.60
500ml juice - <i>orange, mango or orange passionfruit</i>	\$3.10
450ml Mt Franklin sparkling water <i>- plain, berry or lime</i>	\$2.60

## TUCKSHOP OPENING HOURS

Pre-order lunch - 8am  
First break - 10.55am to 11.30am  
Second break - 1.40pm to 1.55pm

EFTPOS available  
\$3 minimum  
*(20c surcharge for  
purchases under \$3)*

## Specials

### AUTUMN / WINTER

MONDAY	Nachos	\$6.00
TUESDAY	Lasagne	\$6.50
WEDNESDAY	Butter chicken	\$6.50
THURSDAY	Potato wedges with sour cream, sweet chilli sauce and shallots	\$4.00
FRIDAY	Homemade Pizza	\$6.00

### SUSHI THURSDAY

Chicken avocado	\$4.00
Crispy chicken	\$4.00
Chicken teriyaki	\$4.00
Vegetarian	\$4.00
Tuna avocado	\$4.00